

Wednesday, August 7

- Employee and Community Health Fair - 11:00am

Monday, August 12

- Saint Mary's Sibling Classes - 6:30pm

Employee and Community Health Fair

Time: 11:00am

Join us for the Saint Mary's Regional Health System Employee and Community Health Fair on August 7, 2024, from 11 am to 1 pm at the SMRHS Café 2. Enjoy free health screenings and education on various topics including blood pressure, cholesterol, diabetes, heart health and more. For more details, contact Jackie King, RN 479.964.3115 or jacklyn.king@saintmarysregional.com

Saint Mary's Sibling Classes

Time: 6:30pm



Saint Mary's Children's Sibling Classes

- Scheduled the second Monday of each month
- Beginning at 6:30 p.m.
- Max of 5 siblings (3-10 years old)
- Free to patients
- Light snack provided
- To register or receive more information, please call Debbie at (479) 964-5436 Monday-Friday 8 a.m. to 3 p.m. or leave a message.

2024 Dates

January 8

February 12

March 11

April 8

May 13

June 10

July 8

August 12

September 9

October 14

November 11

December 9